

# SEA ISLE CITY RECREATION

APRIL 2019

## COMMIT TO BE FIT

### TOTAL BODY FITNESS (ADULTS)

MONDAYS, WEDNESDAYS & FRIDAYS

COMMUNITY LODGE 9AM-10:15AM

\$5/CLASS OR \$40 FOR TEN CLASSES

### YOGA (ALL AGES)

WEDNESDAYS 7PM-8:15PM

FRIDAYS 7:30AM-8:30AM

\$10 CLASS – COMMUNITY LODGE

### SITFIT SENIORS

MONDAYS, WEDNESDAYS & FRIDAYS

2:45PM – 3:30PM

NO FEE – RECREATION CENTER

### CHAIR YOGA (ADULTS)

TUESDAYS & THURSDAYS

1:15PM - 2PM

NO FEE – RECREATION CENTER

### YOGA FOR KIDS (GRADES K-8)

THURSDAYS

4PM-4:45PM

RECREATION CENTER

## ACTIVITIES IN THE GYMNASIUM

### MEN'S BASKETBALL

WEDNESDAYS - 6:30PM-9PM

### ADULT VOLLEYBALL

THURSDAYS – 7PM-9PM

### BOY SCOUTS TROOP 76 MEETINGS

FRIDAYS - 5PM-8PM

### OVER 40 MEN'S BASKETBALL

SATURDAYS - 7AM-10AM

### OPEN GYM

MON-FRI 9AM-5PM

**\*Children 12 and under must be accompanied by an adult**

## RECREATION CENTER

4501 PARK RD

(609) 263-0050

**RECREATION CENTER CLOSED**

**APRIL 19<sup>TH</sup>**

**IN OBSERVANCE OF CITY HOLIDAY**

# EASTER PROGRAM

WEDNESDAY

APRIL 10, 2019

5PM-6PM

DEALY FIELD PLAYGROUND



AGES UP TO 11 YEARS

MEET THE EASTER BUNNY

EGG HUNT

HAVE YOUR BUNNY NOSE & WHISKERS PAINTED ON

REMEMBER TO BRING A BASKET TO COLLECT YOUR GOODIES

**SAVE THE DATE: SUMMER REGISTRATION BEGINS MAY 3**